

# September 2017 Menu

STUDENT LUNCH - \$2.10

STUDENT BREAKFAST - \$1.55

EXTRA MILK - \$.40

ADULT LUNCH -

\$3.25

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
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| <b>4</b><br>Pop Tart W/Sausage Link OR Cereal & Sausage Link, Applesauce<br><br>Rattlesnake Bowl OR Hot Ham & Cheese Hoagie, Sweet Potato Fries, Green Beans, Peaches           | <b>5</b><br>Mini Cinnis OR Cereal & Scrambled Egg, Fruit<br><br>BBQ Chicken Sandwich OR Chicken Bites, Salad, Carrots, Rice Krispie Treat, Fruit <b>OR Salad Bar</b>                           | <b>6</b><br>Biscuits & Gravy OR Cereal & Toast, Peaches<br><br>Pepperoni Pizza OR Chicken Quesadilla, Baked Beans, Celery or Carrot Sticks, Pears <b>OR Salad Bar</b>                        | <b>7</b><br>Egg & Sausage Patty W/Toast OR Cereal & Sausage Patty, Fruit<br><br>Sausage Patty W/Egg & Pancakes OR Hot Ham & Cheese Hoagie, Potato Sticks, Steamed Broccoli, Fresh Fruit <b>OR Salad Bar</b> | <b>8</b><br>French Toast Sticks OR Cereal & Scrambled Egg, Mixed Fruit<br><br>Meatloaf W/Roll OR Chicken Bites, Mashed Potatoes, Green Beans, Fruit                             |
| <b>11</b><br>Yogurt W/Granola OR Cereal & Toast, Pears<br><br>Pizza OR Sausage & Egg English Muffin, Baked Beans, Broccoli, Peaches   | <b>12</b><br>Cherry Frudel OR Cereal & Scrambled Egg, Fruit<br><br>Bosco Sticks OR Ham & Cheese Calzone, Steamed Cauliflower, Corn, Rice Krispie Treat, Fruit <b>OR Salad Bar</b>              | <b>13</b><br>Egg & Cheese Omelet W/Toast OR Cereal & Toast, Peaches<br><br>Breaded Pork Chop W/Bread OR Chicken Quesadilla, Mashed Potatoes W/Gravy, Green Beans, Pears <b>OR Salad Bar</b>  | <b>14</b><br>Breakfast Pizza OR Cereal & Sausage Links, Fresh Fruit<br><br>Fried Chicken Leg W/Biscuit OR Sub Wrap, Potato Sticks, Carrots & Broccoli, Fresh Fruit <b>OR Salad Bar</b>                      | <b>15</b><br>Waffle & Sausage Patty OR Cereal & Sausage Patty, Mixed Fruit<br><br>Spaghetti W/Breadstick OR Ham & Cheese Calzone, Salad, Cucumbers, Pudding, Mixed Fruit        |
| <b>18</b><br>Pop Tart W/Sausage Link OR Cereal & Sausage Link, Applesauce<br>Rattlesnake Bowl OR Hamburger OR Cheeseburger, Salad, Garbonzo Beans, Raisins, Cinnamon Swirl Cake | <b>19</b><br>Mini Cinnis OR Cereal & Scrambled Egg, Fresh Fruit<br><br>Country Fried Steak W/Bread OR Bosco Stuffed Crust Pizza, Mashed Potatoes, Green Beans, Fresh Fruit <b>OR Salad Bar</b> | <b>20</b><br>Biscuits & Gravy OR Cereal & Toast, Peaches<br><br>Chicken Noodle Soup W/Crackers & Cheese Stick OR Chicken Quesadilla, Carrots & Celery Sticks, Applesauce <b>OR Salad Bar</b> | <b>21</b><br>Egg & Sausage Patty W/Toast OR Cereal & Sausage Patty, Fruit<br><br>Rib Patty Sandwich OR Hamburger OR Cheeseburger, Sweet Potato Fries, Steamed Broccoli, Cookie <b>OR Salad Bar</b>          | <b>22</b><br>French Toast Sticks OR Cereal & Scrambled Egg, Mixed Fruit<br><br>Chicken Parmesan on Noodles OR Bosco Stuffed Crust Pizza, Steamed Cauliflower, Corn, Mixed Fruit |
| <b>25</b><br>Yogurt W/Granola OR Cereal & Toast, Pears<br>Bacon & Cheese<br>Eggstravaganza W/Biscuit OR Stromboli Seasoned Potato Sticks, Steamed Broccoli, Peaches             | <b>26</b><br>Cherry Frudel OR Cereal & Scrambled Egg, Fruit<br><br>Chili W/ ½ PB&J Sandwich OR Hot Dog, Cooked Carrots, Fruit, Brownie <b>OR Salad Bar</b>                                     | <b>27</b><br>Egg & Cheese Omelet W/Toast OR Cereal & Toast, Peaches<br>Taco W/Cheese OR Chicken Quesadilla, Lettuce, Grape Tomatoes, Salsa, Black Beans, Pears <b>OR Salad Bar</b>           | <b>28</b><br>Breakfast Pizza OR Cereal & Sausage Links, Fresh Fruit<br><br>Turkey & Gravy W/Roll OR Stromboli, Mashed Potatoes, Green Beans, Fruit <b>OR Salad Bar</b>                                      | <b>29</b><br>Waffle & Sausage Patty OR Cereal & Sausage Patty, Mixed Fruit<br><br>Chicken Smackers W/Bread OR Corn Dog, Green Beans, Corn, Cupcake, Mixed Fruit                 |

**OFFER VS. SERVE MENU:** \* Breakfast 7:25-7:45 – You must choose ½ cup fruit or vegetable for 1 of the 3 required food items. You may choose all items.

\* Lunch 11:15-12:45– You must choose ½ cup of fruit or vegetable for one of the 3 required food items. You may choose all 5 items.

\*MILK AND/OR JUICE ARE SERVED WITH ALL MEALS

\*USDA is an equal opportunity employer and provider.