

October 2018 Menu

STUDENT LUNCH - \$2.10 STUDENT BREAKFAST - \$1.55 EXTRA MILK - \$.40 ADULT LUNCH - \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
1 Vanilla & Strawberry Yogurt Parfait W/Granola OR Cereal & Sausage Links, Pears Chicken Smackers W/Bread & Macaroni & Cheese OR Stromboli, Grape Tomatoes, Baked Beans, Peaches OR Salad Bar for Grades 2-6	2 Skillet Frittata W/Egg, Cheese & Sausage, Toast OR Cereal & Toast, Fruit Chili W/ ½ PB&J Sandwich OR Hot Dog, Peppers & Cucumbers, Fresh Fruit OR Salad Bar for Grades 2-6	3 Cinnamon Roll W/Eggs OR Cereal & Eggs, Peaches Pizza OR Chicken Bites, Romaine Lettuce, Carrots & Celery Sticks, Cupcake, Pears	4 Breakfast Pizza OR Cereal & Toast, Fruit Turkey W/Gravy & Roll OR Stromboli, Mashed Potatoes, Green Beans, Fruit	5 Pancake & Sausage Patty OR Cereal & Sausage Patty, Mixed Fruit Spaghetti W/Breadstick OR Hot Dog, Peas, Mixed Fruit, Ice Cream Bar
8 Bacon, Egg, & Cheese Taco OR Cereal & Scrambled Egg, Applesauce Chicken on a Beach W/Tostitos OR Sub Wrap, Salad, Diced Tomatoes, Cinnamon Apples OR Salad Bar for Grades 2-6	9 Sausage Pancake on a Stick OR Cereal & Sausage Link, Applesauce Pepperoni Calzone OR Bosco Sticks, Sweet Potato Fries, Fresh Cauliflower, Cinnamon Swirl Cake OR Salad Bar for Grades 2-6	10 Biscuits & Gravy OR Cereal & Biscuit, Peaches Salisbury Steak W/Biscuit OR Fish Sandwich, Mashed Potatoes, Green Beans, Pineapple	11 Egg & Sausage Patty W/Toast OR Cereal & Sausage Patty, Fruit BBQ Pulled Pork on Bun OR Sub Wrap, Baked Beans, Broccoli W/Cheese Sauce, Rice Krispie Treat	12 French Toast Sticks OR Cereal & Toast, Mixed Fruit Fried Chicken Drumstick W/Bread OR Bosco Sticks, Seasoned Diced Potatoes, Mini Carrots, Mixed Fruit
15 Vanilla & Strawberry Yogurt Parfait W/Granola OR Cereal & Sausage Links, Pears Rattlesnake Bowl OR Hot Ham & Cheese Hoagie, Carrots & Celery, Peaches OR Salad Bar for Grades 2-6	16 Skillet Frittata W/Egg, Cheese & Sausage, Toast OR Cereal & Toast, Fruit Chicken Pot Pie on a Biscuit OR Corn Dog, Buttered Corn, Fresh Fruit, Ice Cream Bar OR Salad Bar for Grades 2-6	17 Cinnamon Roll & Eggs OR Cereal & Eggs, Peaches Taco W/Cheese & Salsa OR Rib Patty Sandwich, Salad, Tomatoes, Refried Beans, Pears	18 Breakfast Pizza OR Cereal & Toast, Fruit Sausage Patty W/Egg & Pancakes OR Hot Ham & Cheese Hoagie, Hash Brown Patty, Steamed Broccoli, Fruit	19 Pancake & Sausage Patty OR Cereal & Sausage Patty, Mixed Fruit Meatloaf W/Roll OR Corn Dog, Mashed Potatoes, Green Beans, Mixed Fruit
22 FALL BREAK	23 FALL BREAK	24 Biscuits & Gravy OR Cereal and Biscuit, Peaches Breaded Pork Chop W/Bread OR Under the Sea Dippers, Mashed Potatoes & Gravy, Green Beans, Pears	25 Egg & Sausage Patty W/Toast OR Cereal & Sausage Patty, Fruit Fried Chicken Drumstick W/Biscuit OR Grilled Cheese Sandwich, Potato Sticks, Carrots, Fresh Fruit	26 French Toast Sticks OR Cereal & Toast, Mixed Fruit Chicken Alfredo W/Breadstick OR Ham & Cheese Calzone, Broccoli & Cucumbers, Mixed Fruit, Rice Krispie Treat

OFFER VS. SERVE MENU: * Breakfast 7:25-7:45 – You must choose ½ cup fruit or vegetable for 1 of the 3 required food items. You may choose all items.

*MILK AND/OR JUICE ARE SERVED WITH ALL MEALS

* Lunch 11:00-12:45– You must choose ½ cup of fruit or vegetable for one of the 3 required food items. You may choose all 5 items. *USDA is an equal opportunity employer and provider.