

# October 2017 Menu

STUDENT LUNCH - \$2.10    STUDENT BREAKFAST - \$1.55    EXTRA MILK - \$.40    ADULT LUNCH - \$3.25

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Pop Tart W/Sausage Link OR Cereal W/Sausage Link, Applesauce Chicken on a Beach W/Tostitos OR Sub Wrap, Salad, Sliced Cucumbers, Cinnamon Apples	<b>3</b> Mini Cinnis OR Cereal & Scrambled Egg, Fruit  Pepperoni Calzone OR Bosco Sticks, Carrots, Baked Beans, Fruit, Cinnamon Swirl Cake <b>OR Salad Bar</b>	<b>4</b> Biscuits & Gravy OR Cereal & Toast, Peaches  Salisbury Steak W/Biscuit OR Chicken Quesadilla, Mashed Potatoes, Green Beans, Pineapple <b>OR Salad Bar</b>	<b>5</b> Egg & Sausage Patty W/Toast OR Cereal & Sausage Patty, Fruit  BBQ Pulled Pork on Bun OR Sub Wrap, Steamed Broccoli, Green Beans, Rice Krispie Treat <b>OR Salad Bar</b>	<b>6</b> French Toast Sticks OR Cereal & Scrambled Egg, Mixed Fruit  Fried Chicken Leg W/Bread OR Bosco Sticks, Seasoned Potato Sticks, Steamed Cauliflower, Mixed Fruit
<b>9</b> Cinnamon Roll OR Cereal & Scrambled Egg, Pears  Chicken Pot Pie OR Ham & Cheese Hoagie, Mini Carrots, Sugar Snaps, Fruit, Rice Krispie Treat	<b>10</b> Cherry Frudel OR Cereal & Toast, Fruit  Rattlesnake Bowl OR Chicken Bites, Sweet Potato Fries, Green Beans, Peaches <b>OR Salad Bar</b>	<b>11</b> Egg & Cheese Omelet W/Toast OR Cereal & Toast, Peaches  Taco W/Cheese OR Chicken Quesadilla, Lettuce, Grape Tomatoes, Salsa, Black Beans, Pears <b>OR Salad Bar</b>	<b>12</b> Breakfast Pizza OR Cereal & Sausage Links, Fresh Fruit  Sausage Patty W/Egg & Pancakes OR Hot Ham & Cheese Hoagie, Potato Sticks, Steamed Broccoli, Fresh Fruit <b>OR Salad Bar</b>	<b>13</b> Waffle & Sausage Patty OR Cereal & Sausage Patty, Mixed Fruit  Meatloaf W/Roll OR Chicken Bites, Mashed Potatoes, Green Beans, Mixed Fruit
<b>16</b> Pop Tart W/Sausage Link OR Cereal & Sausage Link, Applesauce  Pizza OR Sausage & Egg English Muffin, Broccoli, Baked Beans, Peaches	<b>17</b> Mini Cinnis OR Cereal & Scrambled Egg, Fresh Fruit  Manager's Choice OR Ham & Cheese Calzone, Steamed Cauliflower, Corn, Fruit, Rice Krispie Treat <b>OR Salad Bar</b>	<b>18</b> Biscuits & Gravy OR Cereal & Toast, Peaches  Breaded Pork Chop W/1 Slice of Bread OR Chicken Quesadilla, Mashed Potatoes W/Gravy, Green Beans, Pears <b>OR Salad Bar</b>	<b>19</b> Egg & Sausage Patty W/Toast OR Cereal & Sausage Patty, Fruit  Fried Chicken Leg W/Biscuit OR Sub Wrap, Potato Sticks, Carrots & Broccoli, Fresh Fruit <b>OR Salad Bar</b>	<b>20</b>  <b>NO SCHOOL FALL BREAK</b>
<b>23</b>  <b>NO SCHOOL FALL BREAK</b>	<b>24</b> Cherry Frudel OR Cereal & Toast, Fruit  Country Fried Steak W/Bread OR Bosco Stuffed Crust Pizza, Mashed Potatoes, Green Beans, Fresh Fruit <b>OR Salad Bar</b>	<b>25</b> Egg & Cheese Omelet W/Toast OR Cereal & Toast, Peaches  Chicken Noodle Soup W/Crackers & Cheese Stick OR Chicken Quesadilla, Carrots & Celery Sticks, Applesauce <b>OR Salad Bar</b>	<b>26</b> Breakfast Pizza OR Cereal & Sausage Links, Fresh Fruit  Rib Patty Sandwich OR Hamburger/Cheeseburger, Sweet Potato Fries, Steamed Broccoli, Cookie <b>OR Salad Bar</b>	<b>27</b> Waffle & Sausage Patty OR Cereal & Sausage Patty, Mixed Fruit  Chicken Parmesan on Noodles OR Bosco Stuffed Crust Pizza, Corn, Steamed Cauliflower, Mixed Fruit

**OFFER VS. SERVE MENU:** \* Breakfast 7:25-7:45 – You must choose ½ cup fruit or vegetable for 1 of the 3 required food items. You may choose all items.

\* Lunch 11:15-12:45– You must choose ½ cup of fruit or vegetable for one of the 3 required food items. You may choose all 5 items.

\*MILK AND/OR JUICE ARE SERVED WITH ALL MEALS

\*USDA is an equal opportunity employer and provider.